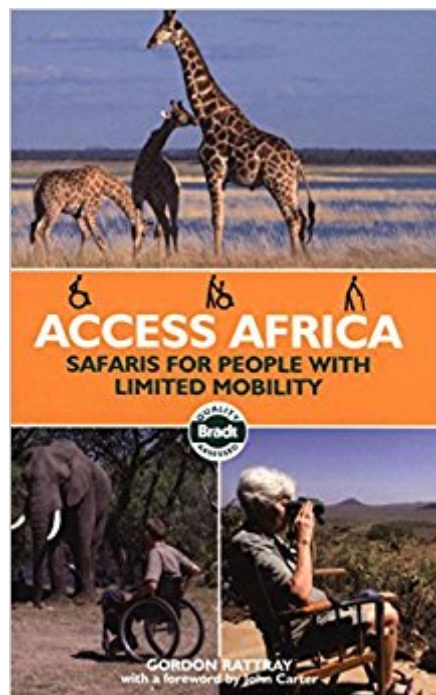




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Access Africa: Safaris For People With Limited Mobility (Bradt Travel Guides(slow Travel)))



Synopsis

In Europe, 14% of the adult population is classed as disabled; the figure is 21% in the US. But the horizons of people with limited mobility, whether through disability or age, are fast expanding. This guidebook is the first to explore the six major safari countries -- Kenya, Tanzania, Zambia, Botswana, Namibia and South Africa -- specifically with limited mobility in mind. It discovers accessible accommodation in world-famous locations such as the Serengeti/Masai Mara ecosystem in East Africa, Zambia's Victoria Falls and Botswana's elephant paradise, Chobe. With explanations of flight and airport procedure, travel insurance and health concerns, and suggestions for itinerary planning, it opens the doors of Africa to those with limited mobility.

Book Information

Series: Bradt Travel Guides(slow Travel))

Paperback: 256 pages

Publisher: Bradt Travel Guides; First Edition edition (October 23, 2009)

Language: English

ISBN-10: 1841622869

ISBN-13: 978-1841622866

Product Dimensions: 5.3 x 0.8 x 8.3 inches

Shipping Weight: 15.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #3,168,100 in Books (See Top 100 in Books) #68 in [Books > Travel > Specialty Travel > Special Needs](#) #2454 in [Books > Travel > Africa > General](#)

Customer Reviews

'As a wheelchair user, I know how difficult and stressful it can be to travel abroad. I've travelled all over the world and have experienced the problems people with limited mobility can face. There are so many unknowns and options are often limited, which is why this book is such a fantastic resource and will be a great help for people who would like more adventurous holidays.' Stephen Miller - 3 times Paralympics champion 'Before discovering this guidebook, I would have considered an organized African safari or - bolder yet - independent travel in east and southern Africa, to be among the most challenging holiday options any person with limited mobility could undertake. Access Africa: Safaris for Travellers with Limited Mobility argues convincingly against such perceptions even for wheelchair users. Speaking from the heart as well as from personal experience, the author offers plenty of travel tips for people with special needs as well as detailed

action plans for independent exploration, disability-friendly tour operators and accommodations in Tanzania, Kenya, Botswana, South Africa and Namibia. The author marries inspiration and strategic reality within every page of this path-breaking book.' Alison Gardner, Editor

www.travelwithachallenge.com 'Gordon Rattray is well-respected for his work among African tour operators who offer accessible safaris. Access Africa: Safaris for People with Limited Mobility is carefully researched by an author with intimate knowledge of African tourism as well as the unique travel priorities of persons with disabilities. If you plan to safari in Africa buy this book!' Dr Scott Rains, international advisor on disability travel and owner of 'The Rolling Rains Report' 'An excellent guidebook offering practical and comprehensive advice to the less mobile traveller. It is not uncommon to find journals offering this level of detail and advice to able bodied travellers, but regrettably, it is a rarity to find such wide ranging, first-hand knowledge and experience, offered in a well-respected publication, for the disabled traveller. Let's hope that there are more to come!' Andy Wright, MD of Accessible Travel 'This unique book is an inspiring and invaluable resource for those with a can-do attitude and a sense of adventure. With thorough firsthand research, Gordon Rattray opens up safari holidays to those who may have thought them an impossibility. This book is a must for those who refuse to let limited mobility stop them exploring the world's most exciting places.' Ade Adepitan MBE paralympian and TV presenter

Gordon Rattray worked in Africa as an overland driver until his adventure was cut short by a diving accident which resulted in quadriplegia. He still travels regularly and runs a disability travel advice website.

Even though the book is 10 years old in publication, it is a great help for one hoping to travel with a disability in this area.

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